



Home Instead®

July Newsletter

Quarterly Meetings This Month!

It's time for our Q2 meeting in July! Our LaPorte quarterly meeting will be held at our LaPorte office on Tuesday July 18. We have a morning meeting at 9a-11a CST (LaPorte time) and an evening meeting at 5p-7p CST. Our Plymouth quarterly meeting will be held at our Plymouth office on Thursday July 20 at 2p-4p EST (Plymouth time).

Please keep in mind that quarterly meetings are required. If you are unable to make the meeting due to working with clients, that will be excused. If you cannot make the quarterly meeting for a different reason, please reach out to your manager.

This meeting we will kick off with recognition, do some fun policy reminders, and then Liz will be presenting a specially crafted presentation based on some CAREGiver feedback. As always, we will have some snacks and drink available.

All Time Off/ PTO Requests must be submitted online to the Time Off Request Form. If you would like to request a day off please contact Liz. All Time Off/PTO Requests MUST BE APPROVED BY LIZ. No other staff member can approve Time Off.

CAREGiver of the Month- Chrystal R



We are proud to announce Chrystal R as our July CAREGiver of the Month! Chrystal has been with Home Instead since October 2022. Before joining our team, Chrystal had a very personal experience with caregiving while she took care of a loved one during an illness. After her loved one recovered, Chrystal saw a job posting for caregiving and thought this was a field that needed people and she was willing to help! Once she began working with clients, she realized that being a caregiver is something she enjoys doing and is extremely rewarding. Chrystal's favorite part

of being a caregiver is interacting with clients and their families. She loves hearing their stories, sharing jokes, and getting to know them. When Chrystal isn't busy being an incredible caregiver you might be able to find her reading a book by her favorite author Suzanne Collins, or experimenting in the kitchen with creating delicious meals and baked goods! Chrystal is our July CAREGiver of the month due to her communication with the office, her high standards of care, and her willingness to always help someone in need! Thank you Chrystal!



HIPAA REMINDERS

HIPAA stands for Health Insurance Portability and Accountability Act. It protects confidential information such as name, birthday, doctors, and medical conditions. Let's review some possible situations.

A client's son from out of town is visiting. He comes over one day and asks you "What did dad have for lunch?" You can tell him that. Let's say that morning you went to a doctor appointment with the client. When you get back the son asks you, "What did dad's doctor say?" That's when you should say "You are free to call his doctor, or I can give the office a debriefing and they can tell you what is going on."

WHY? There may be certain family members that the client does not want to give information to. We need to

You are with your second client of the day. You two are chatting and they ask "What are your other clients like?" That's when you should say. "It's important that I protect client's privacy, just like I protect yours! Let's talk about something else like how your day has been going."

WHY? Well, it's important that we protect our client's privacy. Would you want strangers knowing about your personal life and medical conditions? No. We need to respect our clients and their right to privacy.

You are with a client that is a third stage Alzheimer's disease. They are laying in bed and their family is sitting in the room with them. The client's hospice nurse stops by and has some questions for you. This is when you should say, "Let's go to a private place to discuss this."

WHY? Again, there may be certain family members that the client or POA does not want to give information to. Also, just because a client seems unconscious does not mean they cannot hear us. Remember that most of the time clients will be able to hear what is going on even if they seem unconscious.

RECIPE OF THE MONTH

Biscuits & Gravy Casserole

If you want YOUR recipe featured, send it to Liz at elizabeth.aubrey@homeinstead.com.



Home Instead
Anniversaries this Month
Tina Z—1 Year

Congrats and thank you for
choosing Home Instead!

Ingredients

1/2 Breakfast Sausage
3 Eggs
1/2 Peppercorn gravy mix
1/2 package Biscuits
1/2 cup shredded cheddar
1/4 cup milk

Directions

Preheat oven to 350. Cook sausage in skillet, drain. Cut biscuits into quarter and line bottom of greased dish with biscuit pieces. Spread sausage over biscuits and sprinkle with cheese. In a small bowl, whisk eggs, milk, salt, and pepper together. Prepare gravy according to package directions and pour over eggs. Place into oven and bake for 35-40 minutes.



HAPPY BIRTHDAY!

Laurie H—July 14