

Home Instead[®]

February Newsletter

CPR Training Now Required for All CAREGivers

As of February 29, 2024 all CAREGivers must be CPR certified. Home Instead will cover the cost of CPR training online through the National CPR Foundation's website.

Please make sure to complete the CPR training prior to February 29. Reach out to the office if you have any questions regarding this.



All Time Off/ PTO Requests must be submitted online to the Time Off Request Form. If you would like to request a day off please contact Liz. All Time Off/PTO Requests MUST BE APPROVED BY LIZ. No other staff member can approve Time Off.

CAREGiver of the Month— Yinet T



We are proud to announce Yinet T as our February CAREGiver of the Month! Yinet has been with Home Instead since September of 2023. Before joining our team Yinet's experience was mostly working with children with behavioral issues and developmental disabilities. She reached out to Home Instead because she knew she loved helping people and thought her skills could translate to senior care, and she was correct! Yinet's favorite thing about being a caregiver is getting to know her client's specific needs and working together to meet those needs. In her free time you will find her either working out or playing with her two children, age 4 and 7. Yinet is our CAREGiver of the month due to her communication with the office, her keen eye for safety issues, and her high standards of care. Thank you Yinet!

February Quarterly Meetings

Plymouth Quarterly Meeting

Where: Plymouth Office at 611 W Jefferson St Plymouth

When: Tuesday 2/13 6pm-8pm EST

LaPorte Quarterly Meeting

Where: Holiday Inn & Suites at 101 E Shore Pkwy LaPorte

When: Thursday 2/15 9am-11am CST and 5pm-7pm CST

Join us for snacks, socializing, and some educational presentations! Reach out to Liz if you have any questions!



If you want YOUR recipe featured, send it to Liz at elizabeth.aubrey@homeinstead.com.



HAPPY BIRTHDAY!

Taylor M—Feb 9

Tracy T—Feb 22

Kim E—Feb 12



RECIPE OF THE MONTH Goulash

Ingredients

1 lb ground beef
2 1/2 cups Macaroni noodles
1/2 onion
1/2 green pepper
1 can diced tomatoes
1 sm can tomato sauce
Salt & Pepper to Taste
Garlic Powder & Red Pepper Flakes to Taste

Directions

Brown ground beef with diced onion and pepper. Cook noodles as instructed. Drain ground beef and add noodles. Add canned tomatoes, tomato sauce, and seasonings. Heat thoroughly.

Home Instead Anniversaries

Tina R—2 Years

Deb A—2 Years

Melissa D—1 Year

Congrats and thank you for choosing