

Home Instead®

October & November Newsletter

QUARTERLY MEETING THIS MONTH!

Wondering what the two hours shift on November 7th or 9th is? It's our 2023 Q3 Meeting!

We will have snacks, drinks, and an incredible guest speaker! Please keep in mind that attendance at Quarterly Meetings is mandatory. If you cannot attend due to working with a Home Instead client, your absence will be excused. Please reach out to office and speak with Liz if you have any questions.



Join us for a couple of hours of fun and expand your knowledge!



CAREGiver of the Month (October)- Linda H

We are proud to announce Linda H as our October CAREGiver of the Month! Linda has been with Home Instead since May 2023 but she has been in the caregiving business for about 10 years. She started at a very young age by participating in an after school program where she would assist clients with small tasks in the local nursing homes. Eventually Linda decided to follow in her mother's footsteps and become a CNA. Linda saw an advertisement online for Home Instead and knew it was the place for her be-

cause she shares the passion of helping to keep people at home. Her favorite part about being a caregiver is learning about her client's trials and tribulations throughout their life. Linda knows that our seniors have lots of knowledge to contribute. When Linda isn't busy with her clients, you can find her with a good book. Most likely an action packed romance novel! Linda is our CAREGiver of the Month due to her quality of care, consistency of care, and great communication with the office. Thank you



CAREGiver of the Month (November) -



We are proud to announce Debra A as our November CAREGiver of the Month! Debra has been with the company since February 2022. Debra has been in the caregiving field for close to 3 years. She became a caregiver because she thought that was where she could make the most impact on people, specifically seniors. She knows our seniors deserve compassion and quality care, and she was ready to be of assistance! Debra saw some advertisements for

Home Instead on TV and thought it would be the perfect place for her to reach her goal of changing other's lives. Debra's favorite part about being a caregiver is making each day better for her clients. In her free time, you will find Debra with her 10 year old rottweiler named Clutch. Most likely they will be on a car ride together enjoying the scenery. Debra is our CAREGiver of the month due to her connection with her clients, willingness to help the office, and quality of care she provides. Thank you Debra!



RECIPE OF THE MONTH

Beef Stroganoff

Ingredients

1/2 lb Ground beef
1/2 Onion
1/2 cup Mushrooms
1 1/2 tbs Flor
1 cup Water
1/2 pkg Onion Soup Mix
1/4 cup Sour Cream
Egg Noodles

Directions

Cook noodles and set aside. Brown beef with onions and mushrooms. Drain fat. Add flour, soup mix, water, and simmer for 20 minutes until sauce starts to thicken. Stir in sour cream. Serve over noodles.



HAPPY BIRTHDAY!

Aloma C—Oct 4

Tina R—Nov 30

Jeanette G—Nov 12

Home Instead
Anniversaries: October
Chrystal R—1 Year
Home Instead
Anniversaries: November
Pam C—1 Year
Vanessa S—1 Year

Congrats and thank you for
choosing Home Instead!